

To Whom it may concern,

Mental health and therapeutic services are becoming less taboo to talk about amidst the struggles experienced over the past 3-years in Bermuda and around the world. Among many things, we have seen uncharted levels of illness, panic, isolation, trauma, abuse, and depression. Therapy is one way to support the mental health, development and wellbeing of our community. What better way to engage in therapy than through the creative arts?

### **ABOUT THE GATEWAY**

The Gateway is the physical home of [Synergy Music Therapy & Wellness Services](#) and [Realising-the-Inbetween Art Therapy Services](#). We have a team of two certified music therapists and an art psychotherapist that have a combined 20+ years of experience working with people of various diagnosis and health concerns. The vision is to create a person-centred space in service to the Bermuda community for psychosocial support, holistic growth, and emotional respite through creative expression and therapeutic mediums. The Gateway will also welcome freelancing certified counselors, therapists, and creative initiatives of all mediums to occupy the space and provide services.

### **OUR SERVICES**

- Art Therapy Services (Clinical 1:1 and Group sessions)
- Music Therapy Services (Clinical 1:1 and Group sessions)
- Therapeutic Art and Music Consultations
- Available space for freelancing creative and therapeutic services to lease

### **LOCATION**

The Dallas Building, The Penthouse,  
7 Victoria Street, HM11 Bermuda

### **HELP US HELP OTHERS**

We know that developing a space to support our community will require active vision, love, and funding. If you feel led to financially contribute to The Gateway's inauguration, please send us an email ([thegateway.bda@gmail.com](mailto:thegateway.bda@gmail.com)) or direct deposit to **Clarien Bank Account #6000271675**. Donations in the form of furniture, artwork, music supplies, art supplies, office supplies, and connections to interested funders are also welcomed. We appreciate any skills and/or contributions offered as they will go right back to supporting our local community.

We appreciate you taking the time to read this letter and hope to invite you for a visit soon.

Warmest regards,

*Hayley, Rhea, and Team*